

# EADMT

## European Association Dance Movement Therapy

From: Susan Scarth President and the Board

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March 15th 2011

### Dear EADMT Member

The Board met recently in Milan (March 5-6th) for their first meeting since the Inaugural General Assembly in October 2010. As a reminder this new group is as follows:

Susan Scarth President, Antonella Monteleone Secretary, Nina Alcalay Treasurer and Kristine Vende Communications and Public Relations.

We had attempted to meet on Skype in December but it was not successful due to the demands on everyone's time. Coming together in Milan was very successful with a full agenda being agreed on Saturday morning and addressed over the following two days. It was an important step in the development of the team and we worked very efficiently together. What follows is a flavour of the discussions, decisions, action points and proposed projects for rest of this financial year with an eye on the year after too!

### EADMT Membership Renewal

You will find attached in this email a form for each Member, whether Full Professional, Full Basic or Associate, to complete and return by April 30th 2011. We are keen to gain up to date information about your Association and we ask that you pay close attention to the details we require. With regard to finances, the Board is opening an EADMT Bank account that will be managed by Nina in Athens, Greece, from where she will keep a close eye on our financial health. You will find the details of this account for online payment of annual fees on the Renewal form.

### General Assembly October 15/16th 2011 - Prague

The Board have arranged to hold the second meeting a day before the General Assembly, thus reducing Board travel costs as well as being well prepared for the first General Assembly of EADMT Members and observers. A public notice of this event will be posted on the European ListServe but we ask that each Member publicises this event in their Journals and Newsletters. Please would each Delegate ensure that the information is disseminated among their national membership?

The Agenda of the two-day General Assembly will encompass the following topics:

- Welcome & Reports from the Board
- Approval of new Members (if any new applications have been received in good time)
- Reports from each Working Group

- Agreement of future dates and locations for General Assembly meetings over next 5 years
- Any Other Business

Following the GA business section **Working Group** meetings will be held on Day 1 afternoon and Day 2 morning/midday and there will be further opportunities for each group to report back to the General Assembly before 'end of play'.

The Board recognises the need for the GA Members to move together at different times throughout the two days; to celebrate, share and embody the experience of coming together, and to find grounding in the work of the GA. We wondered if some people would welcome sharing their work and experiences with peers and offer a seminar/workshop too. This would be facilitated in a small way to appeal to different needs and interests of the GA participants. **Please let Kristine Vende know by August 1st if you would like to offer a small workshop/seminar.** The Assembly will come together with the Board on the Sunday afternoon in a plenary. This will offer an opportunity to share experiences of the two days and for the Board to clarify their Action Plan for the year ahead.

### **New applications for Membership: Full Professional, Full Basic or Associate**

The EADMT welcomes new Members and we have an application procedure in place for potential applicants. The procedure is as follows (see Rules of Procedures):

- 6.1 The applicant requests the application documents (including Statutes, Requirements, Ethical Code, Rules of Procedures, etc.)
- 6.2 Application for membership has to be sent by email to the official email address (to be notified).
- 6.3 The Board acknowledges receipt of application and requests the application fee in order to proceed.
- 6.4 When the fee is received the application will be reviewed by two Board Members. In case of disagreement the application is taken to the whole Board.
- 6.5 The Board commits to respond within 6 months and will give a recommendation to the General Assembly.
- 6.6 **In order to be approved by the General Assembly the application has to be turned in no later than 6 months before the General Assembly meeting.**

Please inform your colleagues and professional peers from non-member European DMT Associations that their membership is welcome. If assistance is needed to address the different aspects of the membership criteria then please encourage them to make contact with the Board via email. (Please see the head of the letter for contact details).

### **Working Groups**

Due to some difficulties engaging colleagues in the working groups so far and in recognition of our own difficulties experienced in communicating prior to the Board meeting, the Board has agreed to try an experiment; they will email each other weekly on a chosen day and include a brief contact with their working group members too. The tasks ahead of us can seem huge, however nothing comes out of nothing, and so small steps will encourage us to get into our stride. As a reminder, the Working Groups are as follows:

### **a) Training standards:**

Nina Alcalay ([alcnina@otenet.gr](mailto:alcnina@otenet.gr)), Katalin ([szili\\_kata@yahoo.com](mailto:szili_kata@yahoo.com)), Marina ([mbebik@gmail.com](mailto:mbebik@gmail.com)), Christina ([christina.wintels@ipsedebruggen.nl](mailto:christina.wintels@ipsedebruggen.nl)), Radana ([radana.syrovatkova@gmail.com](mailto:radana.syrovatkova@gmail.com)), Brigitte ([info@zoe-tanz.ch](mailto:info@zoe-tanz.ch)), Zuzanna Pedzich ([zpedzich@instytutdm.t.pl](mailto:zpedzich@instytutdm.t.pl))

Nina reports that she has proposed the formulation of a new questionnaire as it is time to focus on the existing 15 Members in more detail, continuing the work undertaken through the questionnaire of 2008. The new questionnaire will focus only on the training programmes already recognised by national Government or Association, and will explore issues considered important by the working group, for example; what is meant by 'full time', 'part time', 'internship', 'one hour' etc.? What is the exact requirement or recommendation for personal therapy in each Member Association? What is meant exactly by 'self-development'?

### **b) Research:**

Antonella Monteleone ([antomonty@gmail.com](mailto:antomonty@gmail.com)), Sabine ([sabine.koch@urz.uni-heidelberg.de](mailto:sabine.koch@urz.uni-heidelberg.de)), Julie ([juliekil@chello.nl](mailto:juliekil@chello.nl)), Klara ([klaraczkova@seznam.cz](mailto:klaraczkova@seznam.cz)), Alexia ([kichore@otenet.gr](mailto:kichore@otenet.gr)), Adrienne ([aincze@t-online.hu](mailto:aincze@t-online.hu)), Nina ([ninakanev@gmail.com](mailto:ninakanev@gmail.com))

Antonella reports that she has had some contact with her group and there has been discussion about a) updating the record of PhD and MA theses to be included on the new website and b) that Dr Helen Payne invites articles from European DMT's about their research for inclusion in the Journal for Body, Mind and Dance in Psychotherapy. Furthermore, Antonella seeks someone to collate the information that Iris Brauning is currently sharing through the European Listserve. She and Susan repeat the call to all Delegates to send information to the Research group that can be added to the Excel spreadsheet attached.

### **c) Public relations and communication:**

Kristina Vende ([kristine.vende@googlemail.com](mailto:kristine.vende@googlemail.com)), Nahia ([nahias@hotmail.com](mailto:nahias@hotmail.com)), Goedele ([g.vandoorselaer@gmail.com](mailto:g.vandoorselaer@gmail.com))

Kristine has made contact with her group and they have shared some ideas with regard to the website and a possible Conference in 2012. Kristine has spent some considerable time working with the existing website and decided it would be easier to design a new build and make it so it is easy to add to, change and develop over time. Further work will be undertaken to research past costs of international conferences in USA and Europe and will include gathering details from APID, ADTA, EcArte and others.

### **d) Official recognition:**

Susan Scarth ([sbscarth@hotmail.com](mailto:sbscarth@hotmail.com)), Vincenzo ([vincenzopuxeddu@tiscali.it](mailto:vincenzopuxeddu@tiscali.it)), Natasa ([natasasmy@yahoo.gr](mailto:natasasmy@yahoo.gr)), Tone ([tone.seailles@free.fr](mailto:tone.seailles@free.fr)), Shirley ([shirleymawer@hotmail.com](mailto:shirleymawer@hotmail.com)), Sarah ([saruskis@yahoo.com](mailto:saruskis@yahoo.com)), Silke ([silke.vonderheyde@heckscher-klinik.de](mailto:silke.vonderheyde@heckscher-klinik.de))

Vincenzo Puxeddu was able to join the Board meeting for half an hour to share information about the Certificate of Competencies that the European Commission are proposing. Vincenzo, as President of APID, was invited to join a Federation of Associations that encompasses a wide representation of professions (not only health and social care) whose goal is to support the work of professional certification of competencies to ensure that professional recognition conforms with the European norm. He was asking 1. for a meeting and verification of the current state of professional recognition in the different EADMT countries, and 2. he particularly wanted to inform the Board of the APID proceedings with the Italian Ministry of Justice. APID are seeking to be recognised as the European representative body of professionals, who, as the official delegate, will be authorised to recognise DMT competencies that conform to the European norm 2005/36/Ce.

Vincenzo asks the Board to investigate the possibility of one National Professional DMT Association directly certifying professional competencies using ISO (**ISO/IEC 17024 Conformity Assessment: general requirements for bodies offering a certification of members**) and the Quality Certification procedure.

The Board is not aware of a similar procedure in any country but it is keen to research information and accrue data on this issue.

Susanne Bender has alerted this working party to the European Association for Psychotherapy (EAP) developments towards identifying professional competencies in psychotherapy, and the Board thought it would be useful to request that EADMT join this consultation process. Thank you Susanne for this notification. In UK there is a continuing struggle for registration and government regulation through the Health Professions Council (HPC). Further delays may occur while the Coalition Government establishes a new Voluntary Register for the Counsellors and Psychotherapists. ADMP UK will continue to fight for inclusion in the HPC alongside their UK Arts Therapies colleagues, who are already regulated by HPC.

Further discussion will be established with the Recognition working group. Thank you Vincenzo, for your brief but informative meeting that has kick-starting our process.

**The working groups are a vital part of the EADMT and will drive the work forward, allow us to share knowledge and skills, and offer us the possibility of keeping on top of developments across Europe. Please commit to acknowledging emails from the group facilitator or another member when you receive them - silence can be very demotivating!**

Finally, we want to share with you our discussion about EADMT's public face. We considered Logo ideas and discussed the new website - agreeing to allocate a small sum of money to this venture. Kristine is tasked with getting professional and inexpensive advice on the website while the remaining Board members agreed to come to the table in October with at least 3 ideas. The following guidelines are for each Delegate to consider and to share with their Association. the design should:

- i) use EADMT in capital letters on one line,
- ii) create a sense of movement through the letters,
- iii) include only abstract movement/figures - no dancers!
- iv) be in the colour scheme of blue, grey, green and yellow,
- v) possibly use the 'T' to symbolise a tree, canopy of a tree, and even have fruits of the tree in the logo, denoting the Members.

The Minutes of the Board meeting will be sent to you in full. We encourage you to get active and engage with your working group and share your creative skills with Kristine. We look forward to seeing you all again in Prague for the 2011 General Assembly.

With warm wishes,

*Susan*